



Rotary Club of Trail

THE BULLETIN



Still Free!

Issue - J-05-#27 www.trailrotary.com Wed., July 20, 2005

☆ PROGRAM ☆

20 - July	Sandra Roberts	District Governor, Kimberley, BC
27 - July	Paul Ferro	North - South Highway
3 - Aug	T.B.A.	

☆ GREETERS/RACKETEERS ☆

20-Jul-05

- Larry Martin, Ray Masleck, Jack McConnachie

27-Jul-05

- Shane McIntyre, John Merlo, Peter Morgenthaler

03-Aug-05

- Brian Moroney, Janet Morton, Joe Mykiety

10-Aug-05

- Ed Nichols, Don Nutini, John Palmason



☆ DATES FOR YOUR CALENDAR ☆

For further details go to the City of Trail or Chamber Websites

- **July 20th, 2005 to July 24th, 2005** - Trail Youth Baseball Regional Tournament
- **July 20th, 2005** - American Legion Baseball
- **July 21st, 2005** - Music in the Park
- **July 23rd, 2005** - Garden Contest Awards Presentation
- **July 23rd, 2005** - Farmer's Market

A lie gets halfway around the world before the truth has a chance to get its pants on. -Sir Winston Churchill

Trail Rotary Officers (05-06)

- | | |
|---|---|
| President - Jan Morton | Sergeant at Arms - Walter Siemens |
| President Elect - Leigh Harrison | Treasurer - Marleen Philp |
| Past President - Lana Rodlie | Vice President - T.B.A. |
| Secretary - Barb Pistak | Ways & Means - Brenda Rutherglen |

4-Avenues of Service, Directors

- Club Service** - Jenny Ghilarducci
- Community Service** - Richard Thorpe
- International Service** - Piotr Zielinski
- Vocational Service** - Scott Daniels

☆ TRAIL IN BLOOM ☆

TRAIL IN BLOOM CLEAN UP PROCLAMATION

WHEREAS The City of Trail has entered the National Communities in Bloom Competition;

AND WHEREAS The City will be judged on July 26th in the aspects of tidiness and beautification;

AND WHEREAS Our community values embrace respect for others and the environment and a spirit of cooperation;

NOW THEREFORE Council of the City of Trail hereby proclaims the week of **July 18 – 24, 2005** as

**“TRAIL IN BLOOM CLEANUP WEEK”
in the City of Trail.**

☆ MOSQUITO TIP ☆

Pass this on to anyone who likes sitting out in the evening or when they're having a cook out. So you don't like those pesky mosquitoes especially now that the potential to carry the West Nile Virus. Here's a tip from a garden magazine.

Put some water in a white dinner plate and add a couple of drops of Lemon Fresh Joy dish detergent. Set the dish on your porch, patio, or other outdoor area. Not sure what attracts them, the lemon smell, the white plate colour, or what, but mosquitoes flock to it, and drop dead shortly after drinking the Lemon Fresh Joy/water mixture, and usually within 10 feet of the plate. Check this out, it just works super! May seem trivial, but it may help control mosquitoes around your house.

On the Road With Rotary

Trail Rotarian Keith Smyth has been invited to speak to the Castlegar Sunrise Club # 52719 on Thurs., July 20. (60 Members, Ed Kneil (S), Darlene Kalawaski (P))

Our Club History

Founded 1927
Charter Night dinner,
June 10

Trail, BC - District 5080 - Club # 243
Wednesday - 12:00 pm at Riverbelle - 1350 Esplanade
President - Jan Morton (05-06)
A Global Network of Community Volunteers - "Service Above Self"

Help, I can't go on forever! If you have an item of interest don't hesitate to e-mail it to me.
<keithandgale@shaw.ca>

☆ BODY WORKS ☆

<http://msichicago.org/bodyworlds/index.html>

- More than half the bones in your body are located in your hands and feet.
- There is enough iron in the human body to make one small nail.
- Women blink almost twice as much as men.
- A sneeze can exceed the speed of 100 mph.
- An average human drinks about 16,000 gallons of water in a lifetime.
- Beards are the fastest growing hair. If the average man never trimmed his beard, it could grow to 30 feet over the course of his lifetime.
- Every person has a unique tongue print.
- Fingernails grow faster than toenails and your middle fingernail is the quickest one to grow. It takes about 150 days to grow out a full length fingernail.
- Your brain continues to send out electrical wave signals approximately 37 hours after death.
- The nervous system transmits messages to the brain at speeds of 180 miles per hour.
- The human nose can remember 50,000 different smells.
- The human eye can detect more than 10,000,000 different colors!
- Your jawbone is the hardest bone in your body.
- When you were born, you had 350 bones in your body, and after childhood 144 of these bones fused together.
- Your brain stops growing when you are about 15 years old.
- Laughing and coughing put more pressure on the spine than walking or standing.
- Your stomach produces a new lining every 3 days in order to avoid digesting itself in its own production of acid.
- About every seven years, your body replaces the equivalent of an entirely new skeleton.
- The spinal cord is less than two feet in length and is the same diameter as your index finger, yet it contains over 10 billion nerve cells.
- Blood type A can receive blood types A & O safely. Blood type B can receive types B & O. Blood type O can receive only O blood but are "universal donors" because O is acceptable to all other blood types. Blood type O is the most common blood type worldwide.
- The eye muscle is the fastest reacting muscle of the whole body. It contracts in less than 1/100th of a second. It takes approximately 200,000 frowns to create one permanent brow line.
- Your eyesight is the sharpest in the middle of the day



Thanks to Harry, we're reading again!

☆ COOL SITE ☆

NYPL DIGITAL LIBRARY

<http://digitalgallery.nypl.org>

View over 300,000 digitized images from the extensive collection of The New York Public Library, including such rarities ranging from illuminated manuscripts and historical maps to vintage posters and rare photographs. Take a journey back in time as you navigate your way through digitized photographs exploring our culture through everything from arts and literature to industry and technology to science and nature. There's a category for everyone to appreciate and enjoy, no matter what your tastes are.

☆ TRAIL-SO MUCH TO OFFER ☆



Rock Wall Project - Experts Only - Where is this wall located - Hint: Go to the City of Trail Website

For an electronic copy go to the Trail Rotary website and click on "Bulletin"



Trail, BC - District 5080 - Club # 243

Wednesday - 12:00 pm at Riverbelle - 1350 Esplanade

President - Jan Morton (05-06)

A Global Network of Community Volunteers - "Service Above Self"

PAGE 2

Created by K. Smyth on his Mac

